

CHAPTER 10

Hu Tu Tu, Hu Tu Tu

1- Select the best option.

- (i) A Kabaadi team has players.
- | | | | |
|-----------|--------------------------|-------------------|--------------------------|
| (a) five | <input type="checkbox"/> | (b) six | <input type="checkbox"/> |
| (c) seven | <input type="checkbox"/> | (d) None of these | <input type="checkbox"/> |
- (ii) In Kho-Kho, what happens when someone touches you?
- | | |
|----------------------------|--------------------------|
| (a) No points are counted | <input type="checkbox"/> |
| (b) The game ends | <input type="checkbox"/> |
| (c) You remain in the game | <input type="checkbox"/> |
| (d) You get 'out' | <input type="checkbox"/> |
- (iii) Karnam Malleshwari lives in
- | | | | |
|--------------------|--------------------------|-------------------|--------------------------|
| (a) Andhra Pradesh | <input type="checkbox"/> | (b) Mumbai | <input type="checkbox"/> |
| (c) Delhi | <input type="checkbox"/> | (d) None of these | <input type="checkbox"/> |
- (iv) Jwala, Leela and Heera have been
- | | | | |
|---------------------|--------------------------|---------------------|--------------------------|
| (a) Kabaddi coaches | <input type="checkbox"/> | (b) Kho-Kho coaches | <input type="checkbox"/> |
| (c) Kabaddi players | <input type="checkbox"/> | (d) All of these | <input type="checkbox"/> |
- (v) All games have rules which every should follow.
- | | | | |
|-------------|--------------------------|-------------------|--------------------------|
| (a) referee | <input type="checkbox"/> | (b) spectator | <input type="checkbox"/> |
| (c) player | <input type="checkbox"/> | (d) None of these | <input type="checkbox"/> |
- (vi) Karnam Malleswari can lift a weight of kg.
- | | | | |
|---------|--------------------------|---------|--------------------------|
| (a) 130 | <input type="checkbox"/> | (b) 200 | <input type="checkbox"/> |
| (c) 500 | <input type="checkbox"/> | (d) 750 | <input type="checkbox"/> |

2- Write 'T' for True and 'F' for False statements.

- | | |
|--|--------------------------|
| (i) Rosy was in Shyamala's team. | <input type="checkbox"/> |
| (ii) Six players got out when Shyamala touched the line. | <input type="checkbox"/> |
| (iii) You have to use both your mind and body while playing Kabaddi. | <input type="checkbox"/> |
| (iv) Karnam Malleshwari started weight lifting from the age of ten. | <input type="checkbox"/> |
| (v) Jwala and Leela's parents did not allow them to play Kabaddi. | <input type="checkbox"/> |

3- Fill in the blanks.

Help Box
Andhra Pradesh, rules, rough, Maharashtra, rough, eight, karnam mallechwari's, Rosy, Leela, Heera, Shyamala

- (i) played Kabaddi during her childhood.
- (ii) father works in the police.
- (iii) managed to touch the centre line.
- (iv) said that her team was not 'out'
- (v) wishes that children play games, especially Kabaddi.
- (vi) Every game has which every player should follow.
- (vii) Jwala, Leela and Heera live in
- (viii) Karnam Mallechwari belongs to state.
- (ix) When Shyama touched the middle line while playing kabaddi, players got out.
- (x) Kabaddi is a game, yet it has many rules.

Very Short Answer Type Questions

4- Answer the questions given below on the picture shown in one word each.



- (i) Name the girl whose T-shirt has the number 2.

- (ii) How many girls are in her opposing team?

- (iii) What game are they playing?

5- Answer in one sentence each.

- (i) What made Jwala, Leela and Heera famous?

- (ii) Name one game besides Kabaddi where it is important to touch a player.

- (iii) Why was it important for Shyamala to hold her breath until she had touched the centre line?

- (iv) How much weight can Karnam Malleshwari lift?

- (v) Who encouraged Jwala, Leela and Heera to play Kabaddi?

Short Answer Type Questions

6- Answer in 30-40 words.

- (i) What two things did Shyamala do to win the game?

- (ii) How did Karnam Malleshwari become famous?

- (iii) What two reasons were given by Jwala for people stopping girls from playing Kabaddi?

Long Answer Type Questions

7- Answer in 80-100 words.

Describe what happened when Leela and Heera decided to watch a movie before an important match.

Think, Find and Write

- 8- Some games and sports like Kho-Kho and Kabaddi require players to touch other players. Other games do not require or allow a player to touch other players. Name at least three such outdoor games which are played even by children of your age.

- 9- What is Kabaddi? Write some points by taking help from your NCERT book.

- 10- Classify the following according to indoor and outdoor.

hockey	ludo	snooker	basketball
golf	chess	table tennis	volleyball

Indoor Games	Outdoor Games

- 11- Match the given terms in column A with the game they are related to in column B.

Column A	Column B
(i) kick, goal, dribble, hatrick, penalty shot	(a) basketball
(ii) yorker, full toss, LBW, hit wicket, no ball	(b) swimming

- (iii) free throw, charge, dribble, rebound
 - (iv) freestyle, butterfly, stroke, breast stroke, crawl
 - (v) Baskpin, drop shot, lob serve
 - (c) cricket
 - (d) football
 - (e) table tennis
-

12- Give two example of each:

Team game
 Individual game

13- Following are the names of some sportsperson. Mention their respective discipline.

- (i) MC Mary Kom
 - (ii) Anjali Bhagat
 - (iii) Anjum Chopra
 - (iv) Sakshi Malik
 - (v) Dipa Karmakar
-

14- Name any 5 women sports persons. Also mention the names of their respective sports.

Women sportspersons	Sports
(i)
(ii)
(iii)
(iv)
(v)

15- Paste the picture of your favourite sportsperson. Write about:



(i) Game the person plays:

(ii) Records he/she has made:

(iii) Why you like him/her:

(iv) Imagine that there are 15 children to play Kho-Kho. They must form two teams with equal numbers (7 each). Then one player will be left. What will you do if this happens? Have you ever become the 'extra person' in the middle? Write about this.